

Nursery Activities

This weeks rhyme is 'If you're happy and you know it'. The challenges have been set around this nursery rhyme.

There are some activities to support your child. However you and your child can also create your own activities around the nursery rhyme.

6. Counting

Whilst singing the nursery rhyme, count how many steps you climb up. You could count your jumps during the obstacle course or count how many times you make a sound using the instruments.

5. Simon Says

Simon says If you're happy and you know it touch your nose. The children have to listen and follow only those instructions that begin with Simon says.

4. Obstacle course

Create an obstacle course using your toys, cushion etc. Now sing the rhyme e.g. If you're happy and you know it, jump across the cushion and say hooray!



If you're happy and you know it!

If you're happy and you know it, clap your hands!

If you're happy and you know it, clap your hands!

If you're happy and you know it, and you really want to show it,

If you're happy and you know it, clap your hands!

Repeat with stamp your feet

Turn around

Stretch your arms

Pat your head

Touch your nose

1. Think of some actions

Sing the nursery rhyme with your child. Can you think of some actions for the rhyme?



2. Music

Sing the nursery rhyme. You can use pots and pans to accompany the rhyme.



3. Follow directions

Make instructions using the nursery rhyme e.g. If you're happy and you know it, jump up high and take two steps forwards.

You can make the instructions as simple or as complex as you want.