

## MMPS EYFS Homework. Topic: Growing

### Dance Time

Can you make up a dance routine that shows how you can move your body differently to when you were a baby.

You will need to ask your grown up to help you play your favourite song.

Can you stamp your feet to the rhythm of the music?

Can you move from side to side?

Can you wave your arms up in the air?

Why don't you challenge yourself and try to do all the moves at once?

Try to teach your family some of your dance moves?

Can they dance as well as you?



### Draw your family

Make a picture about your family, draw each person in your house. Start with the youngest person in your house and finish with the eldest.

Don't forget to write everybody's names next to their picture and colour them in.

Ask your family members what their favourite thing to do is?

Why don't you write down their favourite thing to do next to their picture?

What is your favourite thing to do? Is it different to your grown up?

You might like to play with your toys. Your grown-up might like to relax with a cup of tea, why don't you find out?



### Draw you.

You will need a mirror and some colouring pencils. Have a look at yourself in the mirror, look at your different features. Talk to your grown-up about how you look.

Do you have short hair or long hair?

Do you have black hair, brown hair or blonde hair?

What colour are your eyes?

Smile at yourself, do you have any teeth?

Now use your colouring pencils to create a self-portrait.

You can make your picture as colourful as you want.

Why not draw a picture of what you looked like when you were a baby?

Did you have long hair or short hair?

Did you have a smaller face?

Did you have any teeth?



## MMPS EYFS Homework. Topic: Growing

Pretend to plant a seed.

Why don't you make up actions to show how we help plants to grow?

You could use pots and pans from the kitchen. Use a spoon and pretend it is a spade, use it to put some pretend soil into the pan.

Remember to use your words to describe what you are doing.

Next use your finger to make a small hole in the soil, pretend to put a seed carefully inside and cover it up.

Now think about what the seed will need to grow.

You could use a cup and pretend to water your plant.

You could also put the pan on the window sill for sunlight.

Why don't you ask your grown up to make a video of you practicing your actions?



Make an obstacle course.

Think about how babies move around. Create an obstacle course that would be easy for a baby to do. Was that too easy for you?

Why don't you make the obstacle course harder? Now create an obstacle course that a child like you can do.

Try to use lots of different ways of moving: crawling, jumping, hopping, walking backwards.

Why don't you write down instructions for your obstacle course?

1. Crawl around the pillow
2. Hold onto the chair and walk around it
3. Crawl underneath the table
4. Shuffle on your bottom around the sofa



Make a den.

You will have to ask your grown-ups permission before you do this.

Using some of your household furniture such as pillows, blankets and sheets make a den that you can sit inside. You can use other furniture if it is safe to use.

Choose your favourite toys and put them inside your den.

Sit inside your den and draw a picture of your favourite toys?

Can you remember what toys you used to play with when you were a baby?

Why don't you ask your grown-up and then draw them on your poster too? Don't forget to label them! 😊

