



1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Use the 100 square or make your own:

Find one more and one less than the following numbers

..... 11 .....

..... 36 .....

..... 50 .....

..... 22 .....

## Year 1

Learn by heart of the week:  
Finding one more and one less than

## Complete the challenge!

Choose the correct numbers to make the sentences correct.

28 26 33 45

36 43 35 49

☐ is one less than 27

34 is one less than ☐

☐ is one more than 44

50 is one more than ☐

## Useful websites to help:

One More One Less 1 - 100 - Counting Maths Game for Kids

<https://www.youtube.com/watch?v=Totj3oVgVy8>

One less song:

<https://www.youtube.com/watch?v=D3b-kcK3Eg8>

One more song:

<https://www.youtube.com/watch?v=Du6JHupzwVo>

## Chanting Champion!

Can you make a song/rap about finding one more and one less for any number.

(Use the videos in the links above to help you)