

# Activities 7

Can you help your adult make some food? We made sandwiches for a teddy bears' picnic. We counted the different amounts of fruit we wanted and talked about healthy food choices and balanced diets.



Supports independence and health and self-care.

Can you make a den? We used a table and blankets to make ours.



Supports problem solving and imagination.

Can you bake? We made simple biscuits using this recipe -

<https://thehappyfoodie.co.uk/recipes/fork-biscuits>



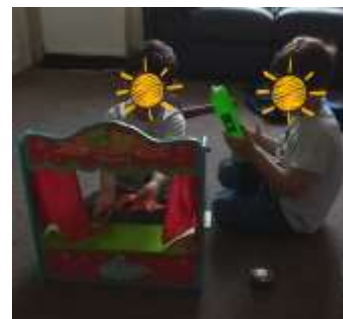
Supports following instructions.

Can you make a picture for someone? We made these cards for the boys' Nana's birthday.



Supports writing and art and design.

Can you put on a show with your toys? We had a dinosaur show.



Supports imagination.